

**Resources on Mindfulness at the Debra S. Fish Library (A St. Paul Public Library)**

Contact Jennie with any questions: [librarian@thinksmall.org](mailto:librarian@thinksmall.org) or (651) 641-3544  
Available through St. Paul Public Library (<http://www.sppl.org/>) or MNLINK ([www.mnlink.org](http://www.mnlink.org)).  
All you need is a library card. Resources can be delivered and returned to any Minnesota public library.

	To request from a library:
<i>Keeping Your Smile: Caring for Children with Joy, Love, and Intention</i> by Jeff A. Johnson [2010]	<a href="#">SPPL</a> / <a href="#">MNLink</a>
<i>Little Flower Yoga for Kids: A Yoga and Mindfulness Program to Help your Child Improve Attention and Emotional Balance</i> by Jennifer Cohen Harper [2013]	<a href="#">SPPL</a> / <a href="#">MNLink</a>
<i>Mindfulness for Teachers: Simple Skills for Peace and Productivity in the Classroom</i> by Patricia A. Jennings [2015]	<a href="#">SPPL</a> / <a href="#">MNLink</a>
<i>Overcoming Teacher Burnout in Early Childhood: Strategies for Change</i> by Ellen M. Drolette [2019]	<a href="#">SPPL</a> / <a href="#">MNLink</a>
<i>Peace Is Every Step: The Path of Mindfulness in Everyday Life</i> by Nhật Hạnh [1992]	<a href="#">SPPL</a> / <a href="#">MNLink</a>
<i>The Thinking Teacher: A Framework for Intentional Teaching in the Early Childhood Classroom</i> by Sandra Heidemann [2016]	<a href="#">SPPL</a> / <a href="#">MNLink</a>