Outdoor Activities:

Encouraging Outdoor Activities for Young Children

Dibada oo loo soo saaro ciyaalka waxay cunugaaga u saheleysaa in uu barta wax yaalaha dabiiciga ah sida xayawaanka dibada jooga, geedaha iyo macdanta dabiiciga ah, ilmaha dibada markii loo soo saaro waxey u leedahay faa'idoo'yu faro badan sida: Waxay ilmaha ka caawisaa in ay isku dayaan in ay ogadaan waxyaalaha faro badan, waxay isku dayaan in ay feejignadaan, waxay isku dayaan in ay dibada wareegaan oo baaran waxyaalaha dabiiga ah, waxay ka caawisaa qaabka wax fahankaadda, dibad u baxana way daajisaa ilmaha maskaxdoododa wayna ku raaxeystaan dibada joogisteeda. Meelaha lagu ciyaaro waa meelaha ilmaha kor u kicisa fahankaadda iyo korinka maskaxdoodada, carwooyinka ciyaarta ama meelaha lagu ciyaaro ee dibadaha ku taal waa meelo waa weyn oo loo isku daynayaa waxay ilmaha ka caawisaa sida ay jecelyihii, ilmaha oo markaas u ciyaari kara qaabab kala duwan sida iyaga oo farshahanka sameynaya, in ay ku ordaan goobta ciyaarta dheexedeeda, in ay ku bood boodanaan meesha dheexedeeda iyo ku si dhuumaleysi ah u ciyaara, goobta ciyaarta waa meel ay xorimo faro badan ku heystaan oo ay ku dhax qeylinkaraan, boodi boodi karaan ama ku foroor karaan isla markaasna ay baari karaan waxyaalaha dabiiciga ah sida geedaha iyo xayawaanka dibada jooga. Waxyaalo qaarkood bay ku xirantahay heerka goobta ama carwada ciyaarta tayadeeda, goobahaan ciyaarta ayaa ah kuwo loogu talo galay ilmaha dhalanka marka ay yihii ilaa ilmahu uu sideeda sano ka gaaro. Tayada goobta fiican ee lagu ciyaaro waxaa ka mid ah qaabka ad iyo saamarka loo sameeyey goobta ciyaarta, nabad galeydaada ama amaankan ee, qalabka yaala goobta ciyaarta dheexedeeda, meesha ay ku taal iyo qaabka ilmahu loo ilaaliyo. Waxaa kaloo mahim ah ciyaaraha lagu ciyaari karo goobta ciyaarta dheexedeeda. Waxaa kale oo loo baahneyn in goobta ciyaarta ay noqdaan meela ilmaha lagu caddaadiyo ama aysan noqon meel waxbarasho oo uu macalin joogo. Meelaha ilmaha ku ciyaaraan waa in ay noqdaan meel ilmuhu xorimo ugu ciyaari karo.

Visit these sites for more ideas and printable activities:
https://www.pinterest.com/JeweledRose/spring-activities-and-crafts
Aslamu Alykum,

My name is Zeinab Abdalla. I am the new Somali Language Access Line (LAL) Specialist at Think Small. As the Somali LAL Specialist, I am available to help Somali parents and child care providers like you have access to the resources and services offered by Think Small.

Allow me to introduce myself.

I am in my fourth year at Metropolitan State University pursuing my bachelor's degree in Early Childhood Studies—hopefully I will graduate this year May 2016!

I am blessed with a husband and a daughter, who are beautiful and energetic. My husband is a coach who helps his community and believes in giving all the children the ability to learn the sport of soccer, regardless of their families' income, national origin, or religion.

I love reading books in my free time. I also enjoy shopping, walking, and outdoor activities.

Before joining Think Small I used to operate my own family child care program in Saint Paul. My experience running a family child care program allows me to understand the rewards and challenges faced by child care providers.

I am really happy I get the chance to support parents and help providers be successful. I look forward to meeting you!

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**Committees**

**Somali Advisory Committee (SAC) meetings**

- Times: 6:30PM to 8:30PM
- Tuesday: March 22, 2016
- Wednesday: July 20, 2016

**Kulanka guddiga la-talinta**

- Waqtiga: 6:30PM to 8:30PM
- Talada, Maarso 22, 2016
- Arbaca, Luulyo 20, 2016

**New Americans Network meetings**

- Times: 6:30PM to 8:30PM
- Thursday: June 23, 2016
- Thursday: October 6, 2016

**Kulanka New Americans**

- Waqtiga: 6:30PM to 8:30PM
- Khamis, June 23, 2016
- Khamis, Oktoober 20, 2016
The New Americans Soccer Club had a dream of sharing his love of soccer with the Twin cities Youth and the community. When his friends and neighbors learned of his soccer skills and ability they, they continued to ask him to share his knowledge with the community. As the founder and executive Director, he created the New Americans Youth Soccer Club in 2013.

2109 Nicollet Ave. Suite 104
Minneapolis, MN 55404
Email: coachabdul@live.com
Phone: 952-486-9793
Fax: 612-871-2372

The New Americans Soccer Club began in 2013 to address a need in the community for new comers and their families who wish to learn soccer.

We teach soccer to youth ages 4 to 16 who want to learn the sport of soccer.

Our goal is to teach:

Good Sportsmanship, Teamwork, Discipline, Physical Fitness, Healthy Lifestyle choices
Magacaygu waa Mohamed rashaad ahna gudoomiyaha dhalinyarada masjidka abu bakar waxaan u qaban aha dhalinyarada kulan isbuucle ah maalinkasta oo jimca ah kaasoo sheikhneena abdi risaaq xaashimaa kaas oo maalinta hababka ahaan ay ku lahasanayo.

Waxa la qaban dhalinyarada kulan isbuucle ah maalinta hababka ahaan kuwaasoo dhanka akhlaaqiyada ay ku lahasanayo, marka ku maalinta hababka ah ay ku farayso marwalbo in aan tusno dadka aan aqoonta u lahayn diinteena oo khalaladka ka aaminsan waxa ayxambaarsantahay diinteena taasoo kusalaysan islacayl xiriirin kawarqab iyo u dhimrinta dadka waa wayn iyo caawinta dadka u baahan gacanqabashada kadigida falalka xun iyo in uu aahaado qofka qof toosan marka dhankasto laga eego.

Waxa la qaban dhalinyarada kulan isbuucle ah maalinta hababka ah ay ku lahasanayo, marka ku maalinta hababka ah ay ku farayso marwalbo in aan tusno dadka aan aqoonta u lahayn diinteena oo khalaladka ka aaminsan waxa ayxambaarsantahay diinteena taasoo kusalaysan islacayl xiriirin kawarqab iyo u dhimrinta dadka waa wayn iyo caawinta dadka u baahan gacanqabashada kadigida falalka xun iyo in uu aahaado qofka qof toosan marka dhankasto laga eego.

Waxyaalaha kale ee aan qabano waxaa kamid ah in aan cleangareeno masjidka agagaarkiiisa iyo dariskaba anagoo kaduulaynayn in ay nadaafadu tahay wax ay diinteenu muhiimad waynisiisay sidoo kale u wanaagsan indhaha bini aadamka naafaada waana isku dhiirigalinaa in xitaa guryahay ee ahaadaan kuwo clean ah mar kasto barnaamijka ugu horeeye ee cleangareenta waxaan qaban donaa maalinta sabtida ah oo ay taariikhda kubeegantahay 03/05/16.

Sidoo kale waxaan qaban after class Friday da sport oo ay dhalintu kuwada ciyaaraan taasoo qayb wayn ka ah arimaha bulshada.

Waxaan xigsanaynaa in aan heli doono meelo sportiga loogu galagay oo aan uga fadhiyo maamulka iyo masjidka howshaas in ay noo galaa Insha Allah.
Dear MNStreams user,

Beginning July 1, 2016, MNStreams.org – Child Care Aware of Minnesota’s current online catalog for face-to-face trainings – will no longer be accessible. In its place, early learning and school-age care professionals will be able to search and register for trainings approved by the Minnesota Center for Professional Development (MNCPD) using Develop, Minnesota’s Quality Improvement and Registry Tool.

Develop’s website, www.developtoolmn.org, will be a true one-stop shop for training and quality improvement tools. In addition to finding and registering for trainings, individuals and organizations will be able to use Develop to track completion of licensing training requirements; verify employment, education, and training history; earn a Career Lattice Step; access Learning Records; use self-assessment tools; apply for a Parent Aware Rating; and track program achievements like accreditation and Parent Aware Ratings.

Develop users will be able to pay online for trainings offered by Child Care Aware of Minnesota, including Eager-to-Learn and Anytime Learning courses.

What should early learning professionals do now?

Register for a Develop account to receive an Individual ID and then apply for an Individual Membership! While having a Develop account allows you to use the training search and registration tools, an Individual Membership unlocks several other important and useful resources, like earning a Career Lattice Step. A Membership is also required for participating in Parent Aware Ratings and several grant and scholarship programs.

The Develop team will continue to add features over the next several months leading up to July 1. As this transition moves forward, current MNStreams.org users should log in to their account and enter their Develop Individual ID on their MNStreams profile to ensure that their training record transfers properly to Develop.

If you have questions about your Individual Membership, contact MNCPD via email at support@mncpd.org.

We’re excited to continue to serve child care professionals as we make this transition to Develop.

Sincerely,

Corinne Woosley
Professional Development Director
Child Care Aware of Minnesota
Darajooyinka cusub oo barnaamijku bixiyuuna ku qiimeeyo adeegga heynta caruurta ayaa waaliidiinta Minnesota ka caawinaya in ay caruurtooda u helaan heynta caruurta oo tayo sare leh iyo bilowga Waxbarashada ee caruurtooda. 888-291-9811. Parentawareratings.org

Macluumaad ku Saabsan Parent Aware:
Waaxda Adeeega Dadweynaha ee Minnesota ayaa hogaamisaa barnaamijka Parent Aware iyada oo kala qeyb qaadaneysa Xafiiska waxbarashada Hore ee Caruurta ee Minnesota. Wacyi Gelinta Heynta Caruurta ee Minnesota “Child Care Aware of Minnesota” waa mid la shaqeynaya bushhooyinka degaanka si ay u wadaagaan darajo u sameynta iyo la socodsiinta waaliidiinta iyo u diyaarinta caruurta heynta waxbarashada hore. Hogaamiyaaasha Bulshada oo uu ka mid yahay Parent Aware ee u diyaarinta dugsiyada. Xafiisyada United Way magaaloooyinkamataanaha ah waa uu taageerayaa barnaamijkan.

Su’aalaha inta Badan la is Weydiyo Sababta loogu Baahan Qiimeyninta Maxay Tahay? Way adag tahay in la ogaado in barnamijjadu sameyana wax walba oo ay awoodaan sidii ay caruurta ugu diyaarinsan uga leh. Qiimeyninta xidigaha ayaa kusiiyada warbixintan.


Side Loo Cabiraa Qiimeyninta? Barnaamijku ma yahay mid:
- Caruurteyda u diyaarintaan Kindergarten iyo Noloshiisa danbe?
- U qorshaynaya cyaaraaha caruurta ka caawiyaha inay Wuxbartaan?
- Raadinaya tababarso sax ah.
<table>
<thead>
<tr>
<th>Training</th>
<th>Required Area</th>
<th>Day/Time</th>
<th>County</th>
<th>Location</th>
<th>Class Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Focus on Core Concepts</td>
<td>CDA 2, CC II, ★8</td>
<td>Saturday, 1/9 8:30AM to 12:30PM, 4 In-Service Hours</td>
<td>Hennepin</td>
<td>Think Small West Minneapolis</td>
<td>$20</td>
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<tr>
<td>Authentic Observation</td>
<td>CDA 7, CC III, ★2</td>
<td>Tuesday, 1/19 6:30PM to 8:30PM, 2 In-Service Hours</td>
<td>Hennepin</td>
<td>Think Small West Minneapolis</td>
<td>$10</td>
</tr>
<tr>
<td>Creating Cultural Connections in Child Care</td>
<td>CDA 4, CC V, ★9</td>
<td>Wednesdays, 2/3 &amp; 2/10 6:30PM to 9:30 PM, 6 In-Service Hours</td>
<td>Hennepin</td>
<td>Think Small West Minneapolis</td>
<td>$30</td>
</tr>
<tr>
<td>Plan, Learn, Grow: Using the Early Childhood Indicators of Progress</td>
<td>CDA 8, CC I, ★3</td>
<td>Wednesdays, 3/2, 6:30PM to 9:30PM, 3/9 &amp; 3/16, 6:30-9:00PM, 8 In-Service Hours</td>
<td>Hennepin</td>
<td>Think Small West Minneapolis</td>
<td>$40</td>
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<tr>
<td>Sudden Unexpected Infant Death/Abusive Head Trauma (SUID/AHT)</td>
<td>CDA 1, CC VI</td>
<td>Saturday, 3/26 9:00AM to 11:00AM, 2 In-Service Hours</td>
<td>Hennepin</td>
<td>Think Small West Minneapolis</td>
<td>$10</td>
</tr>
<tr>
<td>Introduction to Children with Special Needs</td>
<td>CDA 7 or 8, CC I or III, ★7</td>
<td>Tuesdays, 4/5 &amp; 4/12 6:30PM to 8:30PM, 4 In-Service Hours</td>
<td>Ramsey</td>
<td>Think Small St. Paul</td>
<td>$20</td>
</tr>
<tr>
<td>Overview of Curriculum</td>
<td>CDA 1 or 7, CC II or III, ★4</td>
<td>Saturdays, 4/16 &amp; 4/23 8:30AM to 12:30PM, 8 In-Service Hours</td>
<td>Hennepin</td>
<td>Think Small West Minneapolis</td>
<td>$40</td>
</tr>
<tr>
<td>Assessment: Gathering and Using information</td>
<td>CDA 7, CC III, ★10</td>
<td>Saturdays, 4/30 &amp; 5/7 8:30AM to 12:30PM, 8 In-Service Hours</td>
<td>Ramsey</td>
<td>Think Small St. Paul</td>
<td>$40</td>
</tr>
<tr>
<td>Sudden Unexpected Infant Death/Abusive Head Trauma (SUID/AHT)</td>
<td>CDA 1, CC VI</td>
<td>Wednesday, 5/18 6:30PM to 8:30PM, 2 In-Service Hours</td>
<td>Ramsey</td>
<td>Think Small St. Paul</td>
<td>$10</td>
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<tr>
<td>Tipping the Scales: Nutrition and Obesity Prevention</td>
<td>CDA 1, CC VI, ★5&amp;6</td>
<td>Mondays, 6/6 &amp; 6/13 6:30PM to 9:30PM, 6 In-Service Hours</td>
<td>Ramsey</td>
<td>Think Small St. Paul</td>
<td>$30</td>
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### Hennepin & Ramsey County Family Child Care Licensing Orientation

<table>
<thead>
<tr>
<th></th>
<th>Ramsey County</th>
<th>Hennepin County</th>
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</thead>
<tbody>
<tr>
<td><strong>Ramsey County</strong></td>
<td><strong>Potential applicants must attend an initial orientation meeting to learn more about the child care business. Please check Ramsey County website for updated 2016 orientation meeting times and for any additions or changes to the meeting location, date or time.</strong>&lt;br&gt;<a href="http://www.co.ramsey.mn.us/hs/childcare">http://www.co.ramsey.mn.us/hs/childcare</a>&lt;br&gt;651-266-3781</td>
<td><strong>To be considered for licensure, you must attend a 2-hour large group meeting. The meeting covers licensing rules, process and other necessary information. Please check Hennepin County website for updated 2016 orientation meeting times and for any additions or changes to the meeting location, date or time.</strong>&lt;br&gt;<a href="http://www.hennepin.us/business/licenses-permits/family-child-care-licensing">http://www.hennepin.us/business/licenses-permits/family-child-care-licensing</a>&lt;br&gt;612-348-3883</td>
</tr>
<tr>
<td><strong>April 12, 2016</strong></td>
<td><strong>Community Action Building</strong>&lt;br&gt;450 N. Syndicate Street&lt;br&gt;(Bruce Vento Room)&lt;br&gt;St. Paul, MN 55104</td>
<td><strong>April 25, 2016</strong>&lt;br&gt;<strong>1:05PM to 3:00PM</strong>&lt;br&gt;Southdale Library ETHEL BERRY&lt;br&gt;CONFERENCE ROOM&lt;br&gt;7001 YORK AVENUE SOUTH&lt;br&gt;Edina, MN 55435</td>
</tr>
</tbody>
</table>